

Spire Coaching

Developing leaders for a better world



INSPIRING TEENS LEADERSHIP PROGRAM

The "Inspiring Teens" Program is based on the CLEAR Leadership Framework - developing young leaders who feel CLEAR about their future and able to embrace Challenges, as a Leader to Engage with the community, take Action, and deliver Results, as well as Reflect on the lessons learned along the journey.

Passionate about developing socially responsible young people.

www.spirecoaching.com.au



How can young people change the world?



When we look at the challenges facing the world, there are three main categories:

- **social**
- **environmental**
- **economic**

There are the **social** problems with increasing inequality, injustice and worsening mental health. The **environmental** problems associated with Climate Change.

Plus, there is **economic** uncertainty with increasing poverty and debt. Not only is the world fraught with problems, but there is an appalling lack of responsible leadership.

Who is going to solve these problems? And what can we do beyond the curriculum, to develop young people to be the leaders for a better world?

You want your young people to

have **the skills needed** to understand and solve complex problems, and to future proof them against an increasingly volatile and challenging world.

To have the confidence & ability to embrace **Challenges**, as a **Leader** to **Engage** with the community, take **Action**, and deliver **Results**, as well as **Reflect** on the lessons learned along the journey. **Setting them up for success** post school and university!

CLEAR LEADERSHIP FRAMEWORK

Developing young leaders who feel CLEAR about their future!

C	Challenges	Understand the challenges facing the world using the U.N's Sustainable Development Goals	
L	Leadership	Social Change Model of Leadership Development	
E	Engage with Community	Not-for-profit organisations	
A	Action	Affect positive social change working on projects to solve real problems with Non profit community partners	
R	Results & reflect	Celebrate results and reflect on the learnings	

Developing leaders to solve the problems of the world!



INSPIRING TEENS 2021

DEVELOPING SOCIALLY RESPONSIBLE LEADERS FOR A BETTER FUTURE!

An intensive project-based leadership program where teams of diverse teens have the opportunity to make a direct and positive impact on local and global issues relating to the United Nations Sustainable Development Goals (SDGs)

"When we long for life without difficulties, remind us that oaks grow strong in contrary winds and diamonds are made under pressure". (Peter Marshall)

In order to build resilience, self-confidence and hope for the future, the Inspiring Teens Leadership program teaches youth how to understand a problem/challenge, form a solution-goal, and work in diverse teams on this project over a set amount of time to deliver the solution, putting into practice the 21st Century Enterprise skills.

INSPIRING TEENS PROGRAM

Over 3 months working in small **diverse teams**, the teens will be **empowered to solve a real-problem** for a local community organisation (Non Profit). It won't be easy (it's not meant to be!). Throughout the intensive 12-week period they will:

- Be challenged, as they overcome communication, organisation and time management issues
- Learn how to overcome conflicts within the team in a civil manner
- Apply collaborative problem solving and decision-making
- Present with impact the results of their solutions at a prestigious ceremony of community leaders
- Be mentored and guided the whole journey (each team is assigned a team Mentor)
- Become the change agents we need for a better world!

PROGRAM INFORMATION

Dates:

Start: 4-day bootcamp in the School Holidays

Finish: Graduation Ceremony just after the following School Holidays

30 x Teens will be selected must commit to approximately 90- hours of their time (including weekends and school holidays) to this 3-month intensive leadership program, which consists of:

- **4-day Leadership Bootcamp** (Self, Team and Community leadership theory)
- **Project Fair** (selection of community projects)
- **Fortnightly Zoom Meetings**
- **Fortnightly half-day working sessions**
- **Half-way problem solving session** with Adelaide's Youth Movers
- **5th Day Bootcamp** (Preparing resume and presentations)
- **Prestigious Graduation Ceremony** - presenting learnings and results to family and community leaders



WHAT IS THE CHANGE YOU WANT TO SEE IN THE WORLD?



Meet lots of new friends

Attend a Project Fair where Non profit organisations pitch projects

Form teams and have fun working on the project over the school term!

Project may include: awareness campaigns, fundraising events, conducting research or adding value to existing projects!

ELIGIBILITY & HOW TO APPLY:

- Must be a current full time high-school student
- Must be solid performer at school and be able to deal with added pressures (B-average)
- Aged 14-17 (Year 9-11)
- Have a letter of reference from a Teacher who knows the student well
- Submit 'Expression of Interest' Now! Go to <https://forms.gle/st2ePoKR8mxGFwG19>



"I've had an amazing experience participating in the Inspiring Teens Leadership Program. I've met so many amazing and inspiring leaders and gained so many valuable skills. This program has made me feel more confident, innovative and want to try new things. I will take a lot of valuable skills away from this experience."

"It was challenging, but boy was it amazing!" - Aaliyah, 16 years



INSPIRING TEENS THEORY OF CHANGE

Spire Coaching aims to develop socially responsible young leaders who will create a better world through a project-based program, where participants grow and transform through producing results that benefit the community!

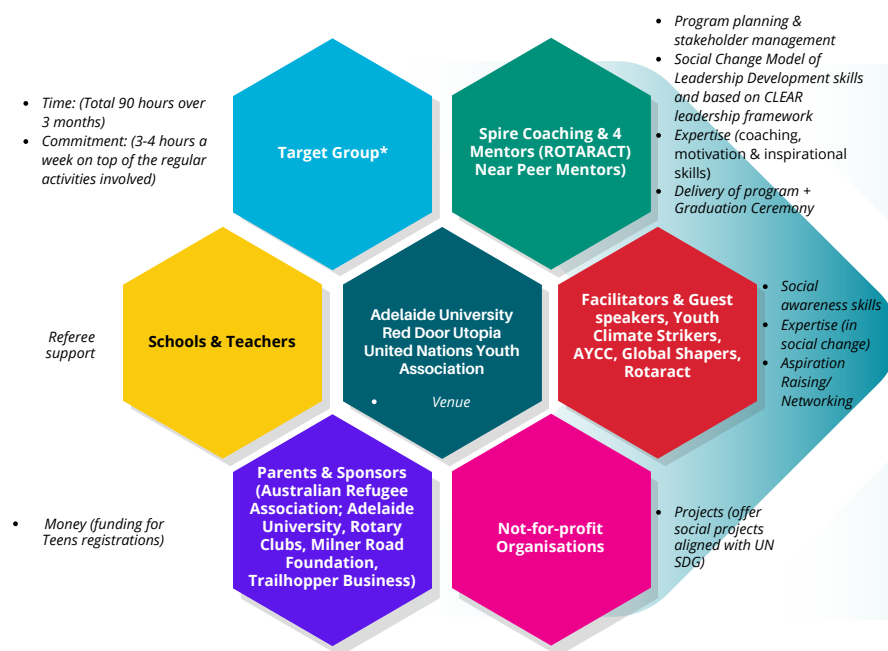
SPIRE COACHING PROGRAMS

Programs are based on the Social Change Model of Leadership Development, which sees leadership as a collaborative, values-based process which results in positive social change.



Fulfilling the potential of young people
To be CLEAR about their future!

Stakeholders and Inputs



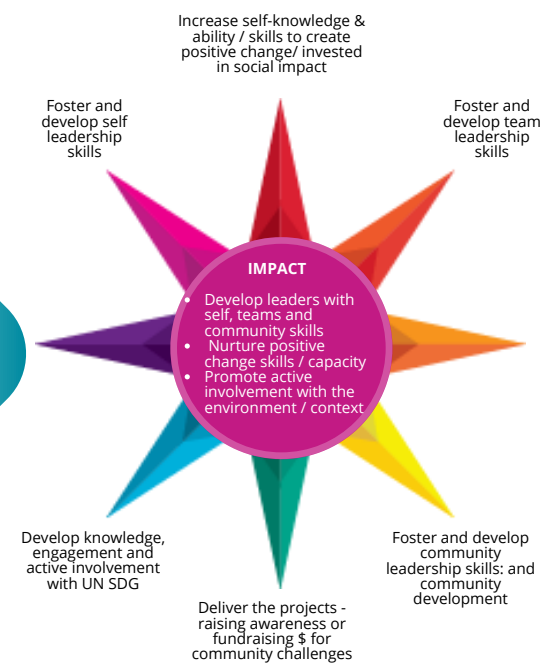
Activities

- Team meetings
 - Bootcamps
 - Graduation Ceremony (presentation poster development)
- Fortnightly Zoom meetings (w/ Teams and w/ Mentors)
 - Bootcamp workshops + Problem solving halfway meeting.
- One-off workshops / sessions on social change topics
- Information session
 - Project submission
 - Pitch project in Projects Fair. If project selected - work with teams for 12 weeks
- Registration consent
 - Fee payment
- Referee support (help in applications, etc.)
 - Promotion & information sessions (for parents)
- Graduation ceremony
 - 3-day bootcamp
 - 4th day bootcamp

Outputs

- About 10 team meetings
- 3 + 1 bootcamps days = 4 1/2 day Half way problem solving checkpoint
- Debrief post project meeting
- 1 Graduation Ceremony (presentation + poster development)
- Fortnightly meetings with Teams
- Fortnightly meetings with Mentors
- 3 + 1 Bootcamp workshops
- 1 Graduation Ceremony
- 10 workshops / sessions delivered
- 8 projects pitched
- 4 projects selected
- 14 participants (fee: \$900 x participant)
- Refer students/teens from 12 different schools
- 3-days Bootcamp
- 4th day Bootcamp
- 1 Graduation Ceremony

Outcomes & Impact



*Target Group:

- Adelaide based teens (13-17 years) from public, private & international schools
- Who care about current issues and do not know what to do or how to do it
- Individually registered
- Private funding -or sponsored by schools, Rotary club, universities (e.g. refugees, aboriginal individuals, low socioeconomic backgrounds, etc)

Main Issues:

- Ongoing complex challenges globally affecting us locally (United Nations Sustainable Development Goals)
- Leadership deficit
- Youth General apathy, despondency & lack of resilience (mental health)

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Inspiring Teens Leadership Program

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Creating CLEAR leaders

C Challenges Understand the challenges facing the world using U.N.'s Sustainable Development Goals



L Leadership Social Change Model of Leadership Development



E Engage with Community Not-for-profit organizations



A Action Affect positive change working on projects to solve real problems with Non profit partners



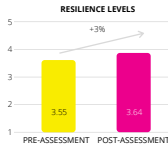
R Results & Reflection Celebrate results and reflect on the learnings



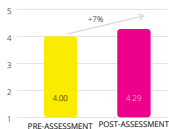
"The Inspiring Teens program was a life changing program. It gave us teens an opportunity to be engaged with community and develop confidence and professionalism as young leaders. I learnt how to effectively deliver a presentation, I am more self aware and feel the skill set gained as a result of this program will last for years to come. I have made bonds with people that I will never break. This program is great for someone who is looking to improve their leadership skills or who is thinking of being a role model to others. This program is a step in the right direction to becoming a leader and I would definitely recommend it to others" - Zamda, 17 years

IMPACT ANALYSIS KEY FINDINGS

Participants showed an increase of +3% on their **resilience** level as compared to before they started the program.



SELF-CONFIDENCE TO CREATE POSITIVE CHANGE



Their **self-confidence to create positive change** has increased by +7% vs. previous findings.

All participants agree or strongly agree to these statements:

- 93% of them improved their **awareness and understanding of issues relating to different cultures**
- 93% of them improved their **understanding of the skills required to be a good leader**



Overall, participants rated the Inspiring Teens leadership program an 8.1 points out of 10.



Impact analysis by:
NOVA SMART SOLUTIONS

Community Projects & Team Achievements 2020

Inspiring Teens Objectives:

Work in teams for 10 weeks to meet the objectives for their chosen Non Profit Organisations.

Inspiring Teens then present their results to the community at the prestigious Graduation Ceremony.

Participants of 2020 program

- 14 Teens*
- *50% sponsored
- 12 High Schools in SA
- 3 boys and 11 girls
- Ages 13-17, Years 7-11

Projects:

- Community Projects:
1. Community Justice Service SA
 2. Bright Futures Child Aid & Development Fund
 3. In2Ed Africa
 4. Cystic Fibrosis SA Inc.

I have seen a change in myself since the beginning of this program. At the start of the program I was very shy towards meeting new people and also it was hard for me to talk to others that I have never met before as I'm afraid of judgment and what they might think of me. Also, speaking in front of large crowds was very scary for me as I get very nervous and shy. But during this program I have notice that my attitude has changed when talking with other people, I have been calmer and relaxed. Also speaking in front of large crowds for me as I have learnt how to speak in front of others and how to deal with the stress before I speak. - Khyleesha, 15 years

I am now changed fundamentally since I hadn't before shared an epiphany and that led me to share more changes that affect me personally from external issues of the world which fire a passion in me to fight issues and have an ongoing resolve to see some issues resolved such as racism. - Piers, 17 years



This is a life changing program that had made me work on myself to become a better individual for this planet. - Bassil, 16 years

I feel that I want to help more people and their families and achieve all the SDG goals to make the world a better place. - Zamda, 17 years

As a result of participating in Inspiring teens, I changed as a person mostly because now I have more empathy and I think for other before myself which is what we need in our world today. I became more independent and able to easily communicate with people when a problem occurs. Now I think more like a leader and I have a wider mind of what people are experiencing around the world and know how to make a difference even by donating. I am very proud of the changes that have happened to me because these changes are significantly important and is required for a leader. - Rana, 15 years



Community Justice Services SA

Team members:

1. Ruby O'Halloran
2. Siena Rugari
3. Arzu "Zaiba" Hattam
4. Aaliyah Sirengo

Mentor: Elizabeth "Liz" Gardner

Many youth are unaware of their legal rights and responsibilities with regards to legal issues concerning them, especially around topics such as sexting and consent. The Community Justice Services team made an engaging educational resource that will be shown in schools in South Australia and Victoria to inform teens about their legal rights, made by teens for teens!



Bright Futures Child Aid & Development Fund Australia

Team members:

1. Maya Singh
2. Josephine Seraphin
3. Zamda Omba
4. Grace Akimana

Mentor: Zahra Bayani

Poverty is rising for the first time in 30 years due to COVID lockdowns because people

can't work. The Bright Futures team worked to design face-masks, which employed 10 women in a slum in Nairobi to sew the masks. The masks were posted back and 100 pieces were sold raising over \$1400.



In2Ed Africa

Team members:

1. Khyleesha Welgraven
2. Rana Hussein
3. Agnes Peru

Mentor: Damien Walker

Kids in resource-poor communities around the world haven't been able to go to school due to COVID lockdowns and don't have access to internet so they can't learn online. The In2ED team worked to raise awareness of the need for internet access to be a human right. They set out to get 10,000 impressions through social media, but reached more than 30,000!



Cystic Fibrosis SA Inc.

Team members:

1. Bassil El Kordy
2. Piers Harper
3. Keagan Wallace

Mentor: Qasem "Kaz" Bahmanzadah

70% of teens don't know what Cystic Fibrosis is. So the Cystic Fibrosis team created an awareness video interviewing a ten living with cystic fibrosis and a specialist nurse. As a result, 2000 teens were made aware of this incurable disease, because the video was shown to student at 3 high schools, Scotch College, Concordia College and Parafield Gardens!



About Spire

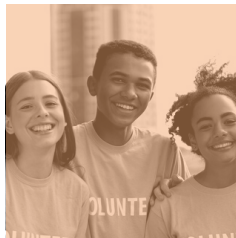
Values: Passion, Purpose, Community Service, Leadership, Connection

A Social Enterprise delivering impactful Youth Leadership Training workshops and programs to high schools, universities and youth organisations.

Through short 2-hour, half-day or full-day workshops and/or full

3-month programs, participants develop skills in relation to Self, Team and Community Leadership.

All programs are underpinned by the **Social Change Model of Leadership Development** where leadership is viewed as a collaborative, values-based process which results in social change.



Partnership Framework



Developing 7 C's of Leadership Competence

- Confidence
- Critical thinking
- Collaboration
- Care
- Conscience
- Commitment
- Communication

"This project changed my life. I gained a confidence and self-belief I never thought possible, built life-long skills and a passion for influencing social and global change."

- Participant, 20 years



Genevieve Hodge - Founder

Certified Trainer & Coach, M.Ed. (Leadership, Policy and Change), PgCert Coaching, B.Bus, Cert IV Training & Assessment, Master NLP Practitioner, DISC Extended Accreditation, Coaching Young People For Success Leader

My biggest passion is igniting young people and developing their skills so they can create positive social change.

With over 5 years' experience running social change leadership programs at Curtin University.

Have contributed to the development of **over 300 student leaders** from university and high schools.

I look forward to working with you to create a better world.

If you would like to meet to discuss this further or to create a tailored program to suit your students' needs, contact Genevieve Hodge.

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